



What individuals can do!

There are lots of simple things - like deciding what you eat, what you drive, how you build your home – that can have a big effect on the problem of global warming.

Here's a list of a few things that you can do to make a difference:

-  **Use Compact Fluorescent Bulbs**
Replace 3 frequently used light bulbs with compact fluorescent bulbs. Save 300 lbs. of carbon dioxide and \$60 per year.
-  **Inflate Your Tires Correctly**
Keep the tires on your car adequately inflated. Check them monthly. Save 250 lbs. of carbon dioxide and \$840 per year.
-  **Change Your Air Filter**
Check your car's air filter monthly. Save 800 lbs. of carbon dioxide and \$130 per year.
-  **Fill the Dishwasher**
Run your dishwasher only with a full load. Save 100 lbs. of carbon dioxide and \$40 per year.
-  **Use Recycled Paper**
Make sure your printer paper is 100% post consumer recycled paper. Save 5 lbs. of carbon dioxide per ream of paper.
-  **Adjust Your Thermostat**
Move your heater thermostat down two degrees in winter and up two degrees in the summer. Save 2000 lbs of carbon dioxide and \$98 per year.
-  **Check Your Waterheater**
Keep your water heater thermostat no higher than 120°F. Save 550 lbs. of carbon dioxide and \$30 per year.



- **Change the AC Filter**

Clean or replace dirty air conditioner filters as recommended. Save 350 lbs. of carbon dioxide and \$150 per year.



- **Take Shorter Showers**

Showers account for 2/3 of all water heating costs. Save 350 lbs. of carbon dioxide and \$99 per year.



- **Install a Low-Flow Showerhead**

Using less water in the shower means less energy to heat the water. Save 350 lbs. of carbon dioxide and \$150.



- **Buy Products Locally**

Buy locally and reduce the amount of energy required to drive your products to your store.



- **Buy Energy Certificates**

Help spur the renewable energy market and cut global warming pollution by buying wind certificates and green tags.



- **Buy Minimally Packaged Goods**

Less packaging could reduce your garbage by about 10%. Save 1,200 pounds of carbon dioxide and \$1,000 per year.



- **Buy a Hybrid Car**

The average driver could save 16,000 lbs. of CO₂ and \$3,750 per year driving a hybrid



- **Buy a Fuel Efficient Car**

Getting a few extra miles per gallon makes a big difference. Save thousands of lbs. of CO₂ and a lot of money per year.



- **Carpool When You Can**

Own a big vehicle? Carpooling with friends and co-workers saves fuel. Save 790 lbs. of carbon dioxide and hundreds of dollars per year.



- **Reduce Garbage**

Buy products with less packaging and recycle paper, plastic and glass. Save 1,000 lbs. of carbon dioxide per year.



- **Plant a Tree**

Trees suck up carbon dioxide and make clean air for us to breath. Save 2,000 lbs. of carbon dioxide per year.



- **Insulate Your Water Heater**

Keep your water heater insulated could save 1,000 lbs. of carbon dioxide and \$40 per year.



- **Replace Old Appliances**

Inefficient appliances waste energy. Save hundreds of lbs. of carbon dioxide and hundreds of dollars per year.



- **Weatherize Your Home**

Caulk and weather strip your doorways and windows. Save 1,700 lbs. of carbon dioxide and \$274 per year.



- **Use a Push Mower**

Use your muscles instead of fossil fuels and get some exercise. Save 80 lbs of carbon dioxide and x \$ per year.



- **Unplug Un-Used Electronics**

Even when electronic devices are turned off, they use energy. Save over 1,000 lbs of carbon dioxide and \$256 per year.

-  **Put on a Sweater**
Instead of turning up the heat in your home, wear more clothes Save 1,000 lbs. of carbon dioxide and \$250 per year.
-  **Insulate Your Home**
Make sure your walls and ceilings are insulated. Save 2,000 lbs. of carbon dioxide and \$245 per year.
-  **Air Dry Your Clothes**
Line-dry your clothes in the spring and summer instead of using the dryer. Save 700 lbs. of carbon dioxide and \$75 per year.
-  **Switch to a Tankless Water Heater**
Your water will be heated as you use it rather than keeping a tank of hot water. Save 300 lbs. of carbon dioxide and \$390 per year.
-  **Switch to Double Pane Windows**
Double pane windows keep more heat inside your home so you use less energy. Save 10,000 lbs. of carbon dioxide and \$436 per year.
-  **Buy Organic Food**
The chemicals used in modern agriculture pollute the water supply, and require energy to produce.
-  **Bring Cloth Bags to the Market**
Using your own cloth bag instead of plastic or paper bags reduces waste and requires no additional energy.