



FUTURE FOOD - GROWING FOOD IN HACKNEY

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Stoke Newington Farmers' Market

Run by Growing Communities, the Farmers' Market sells locally-sourced organic food (grown within 160km/100 miles). The Market is small and there is restricted parking in the area which means that it attracts local people. Find further information on 020 7502 7588 or at www.growingcommunities.org

Hackney City Farm

The farm has animals, a garden with fruit trees and raised beds, and a polytunnel for growing fruit, vegetables and herbs, which are sold at the farm. They welcome volunteers to assist with the fruit and vegetable growing, and caring for the animals. To contact the volunteer co-ordinator, phone 020 7729 6391 or visit www.hacknecityfarm.co.uk

Below: Ruby chard; mulberries; parsley and rosemary; nasturtiums; squash; and crab apples – produce of Growing Communities, Hackney City Farm, and the Tree Nursery and Edible Forest Garden, in Hackney.



Above: Food sold at Stoke Newington Farmers' Market includes bread and Growing Communities' veg boxes. It is held every Saturday, 10am–2:30pm. Below: Volunteers of all ages from Shakespeare Residents Association planted fruit trees to create Butterfield Green Community Orchard.



This leaflet was prepared by Anne Woollett and Mike Trier with assistance from Growing Communities, the Allotment Society, and Annie and Jacklyn at the Hackney Community Tree Nursery & Edible Forest Garden. For copies of the leaflet see

www.hackneyenvironment.org.uk

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WHAT YOU CAN DO

- Grow herbs and vegetables in your garden or in a window box.
- Get an allotment.
- Encourage the planting of fruit trees and vegetables on your estate.
- Volunteer at Hackney City Farm, Growing Communities or the Tree Nursery & Edible Forest Garden.
- Join your local Park User Group or the Tree Musketeers and get involved in planting and caring for fruit and vegetables. To contact the Tree Musketeers, phone 020 8985 5008 or e-mail TM@km551818.demon.co.uk
- Eat locally-grown fruit and vegetables.
- Join Growing Communities' Box Scheme.



View of Hackney from Bob's Hall Lane (Lower Clapton Road), 1790. Engraved for Harrison's *History of London*.

Courtesy, Hackney Archives

BEFORE 1850, HACKNEY was a rural settlement close to the city of London and home to courtiers and wealthy Londoners. Hackney and the Lea Valley have long been associated with orchards and food growing, supplying the needs of those who worked in the City. This changed as Hackney was built over and as the railways enabled food to be brought into London from longer distances.

MAP OF FOOD-GROWING SITES IN THE LONDON BOROUGH OF HACKNEY

