PROCESSING OF PEPPER

Pepper (Piper Nigrum)
Main countries of production: India, Indonesia, Malaysia and Brazil
Optimal climate: 20-40°C
Elevation: below 1200m
Rainfall: above 2000mm

Agricultural and botanical aspects
Pepper is a branching vine which reaches heights of 10m. It is usually grown on live supports such as Gliricidia or Kapok and bears 2 years after planting.

Harvesting
By definition, 'processing' does not involve harvesting. However, one cannot produce a good product from badly harvested materials. Correct harvesting techniques could be said to be the most important factor in the production of a high quality final product. The main problem is immature harvesting.

Immature harvesting
The main reasons for immature harvesting is the fear of theft. If the crop is picked correctly when it is mature the higher yields and higher value of the final product may offset the losses due to theft.

Through extension officers, correct harvesting should be encouraged.

However sometimes immature pepper receives a higher price than mature pepper due to purchase by food processors due to its higher percentage of flavour components.

Correct harvesting
The pepper spike should be picked when one or more of the berries start going yellow/orange. The berries should be hard to the touch.

Threshing
In most countries the harvested pepper berries are removed from the spikes before drying. This can be done by hand, beating with sticks or trampling on the pepper spikes.

Cleaning
A clean product is essential. The major problem for the export of pepper by small-scale farmers is the production of a sufficiently clean product.

The first step is to remove dust, dirt and stones using a winnowing basket, see Figure 1. This can be done in the same way as for rice. Someone used to this work can remove the dirt, dust and stone quickly and efficiently (they can clean over 100kg of pepper in an eight-hour day).
There are machines that can be bought or made that can remove the dust, dirt and stones. However, for a small-scale unit, winnowing the crop by hand is the most appropriate system.

After winnowing the crop needs to be washed in water, for quantities of up to 50kg a day, all that is needed is two or three 15 litre plastic buckets. The crop should be washed by hand and drained two or three times. For larger quantities a 1m³ sink/basin with a plug hole needs to be constructed. This can be made out of concrete. However, the water must be changed regularly to prevent recontamination by dirty water. Only potable water should be used.

The pepper berries can be blanched before drying by dipping them in boiling water for ten minutes. This accelerates the drying and browning of the berries. However, the fuel costs may be prohibitive.

**Drying**

This is by far the most important section in the process. The inability to adequately dry the produce will, at the very least, slow down the whole process and possibly lead to mould growth. Any pepper with even a trace of mould cannot be used for processing. The sale value of mouldy pepper can be less than 50% the normal value. In extreme cases, the whole crop can be lost. To get the full black colour of dried pepper it needs to be dried in direct sunshine. This can be achieved by sun drying, solar drying or in a combined solar and wood burning drier.

During the dry season, sun drying is usually adequate to dry the produce. The simplest and cheapest method is to lay the produce on mats in the sun. However, there are problems associated with this method. Dust and dirt are blown onto the crop and unexpected rain storms can re-wet the crop.

A solar dryer avoids these problems. The simplest type is the cabinet solar dryer, see Figure 1, which can be constructed out of locally available materials (eg bamboo, coir fibre or nylon weave).

For larger units (over 30kg/day) an ‘Exell Solar Dryer’ could be used, see Figure 2. However, the construction costs are greater and a full financial evaluation should therefore be made to ensure that a higher income from better quality spices can justify the additional expense.

During the wet season or times of high humidity, which often coincides with the harvest of the spices, a solar dryer or sun drying can not be used effectively.

An artificial dryer, which uses a cheap energy source is necessary. This may be a wood or husk burning dryer or a combined wood burning and solar dryer. Figures 3-6 show a combined wood burning and solar drier which is based on the McDowell Dryer and has been used in Sri Lanka.
Over drying
Care needs to be taken to prevent over drying of the crops which results in the loss of flavour components. A drier operator will soon learn how to assess the moisture content of the crops by hand. The final moisture content should be less than 10% wet basis.

Grading
In some cases the crop needs to be graded, eg high quality packaged products.

Pepper is graded by size, colour and relative density. Colour grading will have to be done by hand. Machines can be bought or made that will grade the pepper according to its size or relative density. However, a trained person with a winnowing basket is more appropriate for small-scale production.

Grinding
Grinding may also add value but must be done carefully as there are difficulties. A whole, intact product can be easily assessed for quality whereas a ground product is more difficult. There is a market resistance to ground produce due to fear of adulteration. This can only be overcome by
Processing of Pepper

producing a consistently high quality product and gaining the confidence of customers. There are
basically two types of grinders - manual grinders and mechanical grinders. A grinding mill has to
be placed in a separate and well-ventilated room because of dust.

Manual grinding mills
There are many manual grinders that could be used to grind pepper.

An experienced operator can grind about 20kg in an eight-hour day. However, this is hard and
boring work. A treadle or bicycle could easily be attached to the grinder, making the work easier.
With this system one person could grind about 30kg in one day.

Work needs to be done to find out the degree of fineness the consumer wants. The grinding mills
then need to be set so that they produce the desired ground product.

For small-scale production (up to 100kg/day, a series of these grinders is all that is needed. For
larger scale production units, a mechanical grinder would be required.

Mechanical grinding mills
Horizontal plate, vertical plate or hammer mills are suitable for grinding pepper. A grinding mill has
to be placed in a separate and well-ventilated room because of dust.

As above the grinding mill needs to be adjusted so that it grinds the pepper to the desired
fineness.

Packaging
Packaging material
Packaging of pepper especially if it is ground requires polypropylene. Polythene can not be used
as the flavour components diffuse through it.

Simple sealing
The bags can be sealed simply by folding the polypropylene over a hacksaw blade and drawing it
slowly over the flame of a candle. However, this extremely uncomfortable as the hacksaw blade
heats up and can burn the hands of the operator. However, this is a very common technique.

Sealing machines
A sealing machine will speed this operation up considerably and produce a much tidier finish
(which is very important).

The cheapest sealing machines have no timing mechanisms to show when the bag is sealed and
they have a tendency to overheat.

Sealing machines with timers are desirable. The machines come in many sizes. For most work
an 8 inch (20cm) sealer is sufficient. Eye catching labels should be sealed above the product in a
separate compartment and holed so the package can be hung up in the shop.

Storage
A well designed and secure store is essential. The optimal conditions for a store are a low
temperature, a low humidity and free from pests. The store should be located in a shaded, dry
place. To keep humidity as low as possible only fully dried products should be stored in it. The
produce should be checked regularly and if it has absorbed too much moisture it should be dried
again.

To prevent rodents entering, the roof should be completely sealed. Mosquito netting should be
placed over the windows and doors should be close fitting.

Standards
### Processing of Pepper

<table>
<thead>
<tr>
<th>International Standards Organization</th>
<th>moisture content % by weight Max</th>
<th>extraneous matter % by weight Max</th>
<th>lights % by weight Max</th>
<th>pinheads % by weight Max</th>
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<td>1.5</td>
<td>10.0</td>
<td>4.0</td>
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<td>American Spice Trade Association Standards</td>
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### Other products of pepper

**White pepper**
To produce white pepper the pepper berry is not harvested until it is bright red. The red berry is detached from the spike and soaked in gunny bags in a stream for over a week. The water in the stream should be clear to prevent discoloration. After removal the bags are trampled on until the pericarp is removed. The white peppercorns are thoroughly washed and dried.

**Decorticated black pepper**
This is black pepper that has had its outer skin removed mechanically. It is used as a substitute for white pepper when white pepper is in short supply.

**Green pepper**
Green pepper is when immature pepper berries are artificially dried or preserved in brine, vinegar or citric acid. They are popular in France.

**Pepper oleoresin**
This is extracted from black pepper by solvent extraction and is used to flavour foods.

**Black pepper oil**
The pepper is crushed and then undergoes steam distillation.

**Pickled green pepper**
Immature green pepper is pickled in vinegar or brine. This is very popular in France and West Germany.

**Freeze dried green pepper**
This is made in West Germany from imported green pepper corns, preserved in brine.

**Rose pepper**
This is when over ripe red pepper berries are preserved in brine, vinegar.

### Equipment suppliers

Note: This is a selective list of suppliers and does not imply ITDG endorsement.
Processing of Pepper

Hand operated mills

Hand Operated Grinding Mill
Tissa Industries
71 Sunetra Devi Road
Kohuwela
Colombo
Sri Lanka

Small Domestic Mill
ETC Champencis
Chamamculley
France

Type No 2 Hand Mill
Cecozo
P O Box 9
Ibarachi City
Osaka 567
Japan

Mechanical mills

Tissa Bran 6" Grinders (with motors)
Tissa Brand 12" Grinder (with motor)

Tissa Industries
71 Sunetra Devi Road
Kohuwela
Columbo

Sabo Engineering
Rajastan
India

Sealers with timers

Taiwan Electrical Healing Equipment
Taipei
Taiwan
4 inch
8 inch

McWoods
UK
12 inch
12 inch (2cm thick strip)

Intermediate Technology Development Group

Truma Grinder
Hindustan Engineering Company
25/31 Ropewalk Street
Fort
Bombay
India

Atlas No 1 Handpower Grinding Mill
R J Hunt & Company Limited
c/o Bentall Simplex Industries Limited
Foxhills Industrial Estate
Scunthorpe
DN15 8QW
United Kingdom

Cibler FFC 15 (with motor) and Cibler FFC 23 (with motor)

State Trading Corporation - China

Dea Lun & Co Ltd
Taipei
Taiwan
4 inch
12 inch