## Some Sources of Information Related to Household Resilience

## **Background on Global Threats**

Heinberg, Richard. 2009. Searching for a Miracle: "Net energy" limits & the fate of industrial society. International Forum on Globalization and Post Carbon Institute. Available <a href="http://www.postcarbon.org/report/44377-searching-for-a-miracle">http://www.postcarbon.org/report/44377-searching-for-a-miracle</a>

Why alternative energy sources can't maintain our economy as fossil energy declines.

Lynas, Mark. 2008. Six Degrees: Our future on a hotter planet. National Geographic Society, Washington, D.C.

Projections of the impacts of global climate change during the next century.

Martenson, Chris. 2008. Crash Course (DVD): Energy, economy, and environment. Available <a href="http://www.chrismartenson.com/">http://www.chrismartenson.com/</a>

A clear description of the weaknesses in the U.S. and global financial systems.

## Post Carbon Institute

http://www.postcarbon.org/

Current research and writing on the full range of environmental and economic issues and potential solutions.

Ruppert, Michael C. 2009. Confronting Collapse: The crisis of energy and money in a post peak oil world. Chelsea Green Publishing, White River Junction, VT.

Current news articles updating the book are available at <a href="http://www.mikeruppert.blogspot.com/">http://www.mikeruppert.blogspot.com/</a>

## Information and Tools for Household Resilience

Albert, Stephen. 2008. The Kitchen Garden Grower's Guide: A practical vegetable and herb garden encyclopedia.

Complete growing guide for 80 vegetables and herbs.

Bates, Albert. 2006. The Post-Petroleum Survival Guide and Cookbook. New Society Publishers, Gabriola Island, B.C.

Water, energy, waste, food.... An overview of the basics of a resilient home.

Greene, J., R. Hertzberg, and B. Vaughan. 1992. Putting Food By. Plume. A comprehensive guide to food storage and preservation for beginners and experts. Harrison, Kathy. 2008. Just in Case: How to be self-sufficient when the unexpected happens. Storey Publishing, North Adams, MA.

The basics of emergency preparedness for the home.

Hren, Stephen and Rebekah. 2008. The Carbon-Free Home: 36 remodeling projects to help kick the fossil fuel habit. Chelsea Green Publishers, White River Junction, VT.

Clear and well-written descriptions of renovation projects from simple to complex that can greatly reduce or eliminate the use of fossil energy by your house or apartment.

Red Cross First Aid and Emergency Preparedness Quick Reference Guide The title says it all.

Transition Culture

http://transitionculture.org/

Updates on the rapidly growing Transition Towns movement.

**Transition United States** 

http://www.transitionus.org/

The clearinghouse for US Transition Initiatives.

Water Saver Home

http://www.h2ouse.org

Detailed instructions on how to reduce water use throughout your home and in your yard.