

# 2007 Stewardship Food Network

Updated: 1/07

Listed here are Land Stewardship Project (LSP) members who produce food for direct marketing to consumers. Also listed here are LSP member-businesses such as restaurants, natural food co-ops and other retail outlets that carry food produced by our farmers.

The methods these farmers use to produce food vary, and we have chosen not to describe them here in-depth. Sustainable farming practices represented in this list include certified organic, Food Alliance Midwest certified, production methods that do not use antibiotics and hormones, humanely raised and slaughtered, production methods that do not use genetically modified organisms (GMOs), pasture-based, integrated pest management to reduce pesticide use, deep-bedded straw livestock housing and conservation tillage.

We encourage you to contact the farmers personally to find out specifics about which production methods they are utilizing.

We have listed the farms according to location: *Central MN, Northeast MN, Northwest MN, Southeast MN, South Central MN, Southwest MN, Western WI, Missouri, Northeast Iowa, Southeast SD, Twin Cities Metro Area.*

The majority of these farms sell their products in their immediate area via on-the-farm sales or farmers' markets. However, as we have indicated with an "Also services" category, some farms do market outside their region. These farms may deliver to a different community, participate in a regional farmers' market, or use mail services to deliver products.

If you are looking for farmers nationwide who are direct marketing sustainably produced foods, visit [www.localharvest.org](http://www.localharvest.org).

When contacting the farmers, consider asking these questions in trying to determine if their production methods fit your needs and desires:

- Are the animals raised on well-managed pastures or deep-bedded straw (hogs) at least part of the time?
- How are antibiotics and hormones used in animal production? Why are they used?
- Are vegetables, fruits and grains produced using chemical pesticides? If so, are integrated pest management techniques used to reduce reliance on chemicals as much as possible?
- Are conservation tillage techniques such as minimum till, no till and ridge till used?
- Are diverse rotations that involve small grains, forages and perennial grasses used?

## **A few handy definitions:**

- **Community Supported Agriculture (CSA).** This is a system where consumers buy a "subscription" in a farm before the growing season begins. In return, they receive a weekly delivery of fresh produce throughout the growing season.

- **Integrated pest management (IPM).** An approach to managing pests that combines biological, cultural, physical and chemical means to reduce environmental risks.
- **Grass-based livestock production.** A large part of an animal's nutritional needs are met through grass, in particular via managed intensive grazing systems that rotate livestock through numerous paddocks, spreading manure in a biologically sound manner.
- **Little or no use of antibiotics.** Antibiotics and hormones are not used on a daily basis to increase production performance in animals.
- **Certified.** Some of the farms listed here have been inspected and certified by one of several third-party agencies. These agencies document what production methods are (and are not) utilized on the farms. As a consumer, you can ask for a certifying agency's standards. For a guide that allows you to do side-by-side comparisons of third-party labels, see [www.eco-labels.org](http://www.eco-labels.org).

### **Do you want to be listed in the Network?**

If you are a Land Stewardship Project member (from any state, not just Minnesota) and are direct marketing food to consumers, we would like to include you in the Stewardship Food Network list. We'd also like to hear from LSP members who are retailing or processing food produced by other LSP members. For information on being included in the list, contact Louise Arbuckle at 651-653-0618 or [lsplib@landstewardshipproject.org](mailto:lsplib@landstewardshipproject.org).

## **FARMERS**

### **—Central MN—**

#### • **Eller Family Farm**

Barbara Eller

12722 350th St.

Onamia, MN 56359

Phone: 320-532-4946

E-mail: [ellerb@mlcmmn.net](mailto:ellerb@mlcmmn.net)

Website: [www.ellerfarm.com](http://www.ellerfarm.com)

Products: **Grass-fed beef, day-range poultry, pastured pork, eggs & garden produce; farm and livestock managed without added hormones/ chemicals/ antibiotics**

Also services: Mille Lacs Lake area; Isle area Farmer's Market

#### • **Hoopers' Christmas Tree Ranch**

John Hooper

15813 Christmas Tree Rd.

Cold Spring, MN 56320-9644

Phone: 320-685-4489

E-mail: yak-man@yak-man.com

Website: www.yak-man.com

Products: **Yak meat that's grass-fed and raised without feed antibiotics**

Certified by: USDA

• **Whole Farm Coop**

33 2nd St. South

Long Prairie, MN 56347

Phone: 320-732-3023

E-mail: whlefarm@earthlink.net

Website: www.wholefarmcoop.com

Products: **Meat, produce, dairy products, eggs, coffee, maple syrup, wild rice & more**

Also services: Alexandria, Brainerd, Duluth, St. Cloud, Twin Cities, Wadena

Volunteers/Interns? Yes

—*Northeast MN*—

• **Finkes Berry Farm**

Diane & Doug Finke

2331 County Road 4

Carlton, MN 55718-8147

Phone: 218-384-4432

Products: **Strawberries,  
pick-your-own**

Volunteers/Interns? Yes

• **Food Farm**

John & Jane Fisher-Merritt

2612 County Road 1

Wrenshall, MN 55797-8718

Phone: 218-384-3356

Products: **Vegetables, Community Supported Agriculture (CSA) produce operation, chicken, turkey, eggs. All poultry are raised on grass. Butchering chickens, turkeys and laying hens are raised without feed antibiotics.**

Certified by: O-MOSA

Also services: Duluth, Cloquet, Moose Lake, Superior, Wis.

Volunteers/Interns? Yes

• **Ken's Lean Beef**

Ken Peterson

43138 110th Ave.

Tamarack, MN 55787-4633

Phone: 218-768-4116

Products: **Grass-fed beef halves & quarter cuts; no feed antibiotics used**

Also services: On-farm pick-up

Volunteers/Interns? Yes

• **Northern Harvest Farm**

Rick & Karen Dalen

1003 N. Central Ave.

Duluth, MN 55807-1368

Phone: 218-727-8309

E-mail: rickdalen@yahoo.com

Products: **Vegetables**

Certified by: MOSA

Also services: Duluth/Superior

• **Shary's Berries**

Shary Zoff

1651 Two Harbors Rd

Two Harbors, MN 55616-8013

Phone: 218-834-5221

Products: **Raspberries, PYO or pre picked blueberries, tomatoes & lettuce**

Certified by: O-OCIA

Volunteers/Interns? Yes

—***Northwest MN***—

• **Northern Light Farm**

Paul Conklin

2048 Agate Ln. NW

Solway, MN 56678-4212

Phone: 218- 467-3584

E-mail: martonklin@alumni.duke.edu

Products: **Extracted honey, comb honey, bee pollen, beeswax, Community Supported Agriculture (CSA) produce operation, brown and green free- range eggs, pastured broiler chickens, Highland beef**

Volunteers/Interns? Yes

• **Wilson's Organic Strawberries**

Laura & Brian Wilson

8375 Sethney Lane SW

Alexandria, MN 56308

Phone: 877-817-0331

Products: **U-pick strawberries, other vegetables also for sale**

Certified by: ICS

Volunteers/Interns? Yes

## **—*Southeast MN*—**

### **• Bramble Hill**

Diane Crane

21727 Randall Dr.

Houston, MN 55943-8131

Phone: 507-864-7585

E-mail: [bramble@acegroup.cc](mailto:bramble@acegroup.cc)

Products: **Lamb—grass-fed until winter. No antibiotics, no growth hormones. No pesticides or herbicides used on the farm.**

### **• Dancing Winds Farmstay & Retreat**

Mary Doerr

6863 Co #12 Blvd

Kenyon, MN 55946

Phone: 507-789-6606

E-mail: [dancingwinds@lakes.com](mailto:dancingwinds@lakes.com)

Website: [www.dancingwinds.com](http://www.dancingwinds.com)

Products: **Pasture-raised without feed antibiotics goat meat (chevon), full blood Boer breeding stock for sale, & farm retreat. Energetic healing and therapeutic massage (certified massage therapist) available on site; 60 ft. outdoor labyrinth.**

Also services: On-farm pick-up

Volunteers/Interns? Yes

### **• Dreamacres/Tillers Int'l/Flourish Camp**

Eva Barr & Todd Juzwiak

RR-1, Box 1243

Wykoff, MN 55990-9772

Phone: 507-352-4255

E-mail: [evalibarr@hotmail.com](mailto:evalibarr@hotmail.com)

Website: [www.tillersinternational.org](http://www.tillersinternational.org)

Products: **Community Supported Agriculture (CSA) produce operation; farming/rural skills workshops (Tillers International), Arts and Agriculture Summer Camp (Flourish)**

Volunteers/Interns? Yes

### **• Earth Be Glad Farm**

Mike & Jennifer Rupprecht

18828 Cty. Rd. 20

Lewiston, MN 55952-9622

Phone: 507-523-2564

E-mail: ebgfarm@hbc.com

Products: **100% grass-fed beef; certified organic free-range chickens & turkeys, pasture raised pork & eggs; fresh cut flowers. All livestock raised without feed antibiotics.**

**Certified by: O-MOSA**

Also services: Winona Farmers' Market, Winona-Bluff Country

Co-op, Rochester-Good Food Store

• **Farm on Wheels/Cozy Meadows**

Mike & Linda Noble

53288 110th Ave.

Kenyon, MN 55946-4330

Phone: 507-789-6679

E-mail: farm.on.wheels@juno.com

Website: [www.cannon.net/~farmonwh/](http://www.cannon.net/~farmonwh/)

Products: **Heirloom beef, pork, eggs, chicken, turkey, goose, duck, lard.**

**Also services: Farmers' markets in Northfield and St. Paul; Just Food Store in Northfield.**

Certified by: O-Oregon Tilth

• **Hershey Acres**

Arlene Hershey

13300 Green Acres

Saint Charles, MN 55972

Phone: 507-932-3285

Products: **Eggs, chicken, turkey, beef, ducks, specialty meats. All livestock are grass-fed and raised without feed antibiotics.**

Also services: Rochester

• **Hidden Stream Farm**

Lisa & Eric Klein

27079 County Road 25

Elgin, MN 55932-9703

Phone: 507-876-2304

E-mail: hiddenstreamfarm@hiddenstreamfarm.com

Website: [www.hiddenstreamfarm.com](http://www.hiddenstreamfarm.com)

Products: **Chicken, pork, beef. All livestock are raised without feed antibiotics. Grass-fed beef and chicken; pork sometimes; winter hogs are housed in a deep bedded system and are never confined.**

Certified by: Food Alliance Midwest

Also services: Midwest; shipping available

• **Hill & Vale Farms**

Joe & Bonnie Austin

RR-1, Box 152

Wykoff, MN 55990-9750

Phone: 507-352-4441

E-mail: jobon@hmtel.com

Products: **Lamb, beef & goat; all livestock are grass-fed, and raised without feed antibiotics.**

Also services: Natural food stores, Twin Cities, MN, IA, WI, ND, SD (mail order), IL, MI, MO, KY, KS, NE, OH, KS (1-2 day ground delivery)

• **Lively Stock Farm**

Diane Serfling

16779 Killdeer Road

Preston, MN 55965-9553

Phone: 507-765-2797

E-mail: dsdserf@yahoo.com

Products: **Lamb, beef & rabbits; all raised without feed antibiotics**

Also services: On-farm pick-up

• **Nature's Little Farms**

Larry & Diane Leonhardt

60035 Hwy. 42

Kellogg, MN 55945-9605

Phone: 507-767-4435

Products: **Chicken, beef, white & heritage turkey, bison, duck, pork, eggs, vegetables & fruit. All livestock except pork are grass-fed. Pork is raised according to Niman Ranch standards. All livestock are raised without feed antibiotics. No meat by-products & non-GMO grain.**

Also services: Richfield Farmers' Market

Volunteers/Interns? Yes

• **Rock Spring Farm**

Chris & Kim Blanchard

3765 Highlandville Rd.

Spring Grove, MN 55974-1230

Phone: 563-735-5613

E-mail: realfood@RSFarm.com

Website: www.RSFarm.com

Products: **Community Supported Agriculture (CSA) produce operation**

Certified by: MOSA

Also services: Twin Cities

• **Root Prairie Galloways**

Brad & Leslea Hodgson

RR-1, Box 139

Fountain, MN 55935-9750

Phone: 507-867-4004

E-mail: hodgsonranch@aol.com

Products: **All natural grass finished beef, free-range chicken, hay & some produce. Beef and chicken are grass- fed & raised without feed antibiotics.**

• **Southeast Food Network**

Pam Benike

12124 75th St. NE

Elgin, MN 55932

E-mail: board@localfoodnetwork.org

Website: www.localfoodnetwork.org

Products: **Foods from 50 regional producers, with products ranging from dairy and vegetables to meats and honey. Poultry, beef & lamb are grass-based. All animals are raised without feed antibiotics.**

Also services: Twin Cities

• **Sunfresh Foods**

Paul & Karen Schmidt

RR-2, Box 155

Preston, MN 55965-9545

Phone: 507-765-4782

E-mail: pschmidty@earthlink.net

Products: **Grass-fed beef raised without feed antibiotics, pork raised without feed antibiotics, organic corn, organic soybeans, organic small grains, organic garlic, soy-wax candles. Pork & beef is offered once a year in December.**

Certified by: ICS/FVO

• **Valley Angus Farm**

Dan & Cara Miller

Route 1, Box 241

Spring Valley, MN 55975-1029

Phone: 507-346-2261

E-mail: dmiller@myclearwave.net

Products: **Grass-fed beef raised without feed antibiotics, chickens, custom haying & grazing.**

Certified by: American Angus Association

Volunteers/Interns? Yes



• **Whitewater Gardens**

Sandy & Lonny Dietz

17485 Calaco Hill Rd.

Altura, MN 55910-9752

Phone: 507-932-5225

E-mail: londietz@aol.com

Products: **CSA produce operation; grass-fed beef, pastured chickens, ducks, heritage turkeys & pork. All livestock receive GMO-free feed, & are raised without feed antibiotics.**

Also services: Pick-up sites in Rochester, Winona & on-farm; farmers' markets at Rochester & Winona.

• **Wolf Hill Farm**

Caroline van Schaik

40002 Wolf Hill Dr.

La Crescent, MN 55947-4317

Phone: 507-643-6395

E-mail: wolhill@acegroup.cc

Products: **Grass-fed lamb raised without antibiotics**

—*South Central MN*—

• **Don & Rhonda Hermanson**

44893 County Road 15

Nicollet, MN 56074-4245

Phone: 507-246-5335

E-mail: drhermy@prairie.lakes.com

Products: **Produce, poultry**

Also services: Gaylord and LeSueur farmers' markets

• **Yokiel Farm**

Leona & Gary Yokiel

58653 190th St.

Wells, MN 56097-6710

Phone: 507-553-3008

Products: **Corn, soybeans, oats, alfalfa & beef.**

Certified by: O-COI

—*Southwest MN*—

• **Double D Natural Meats**

Donald & Bev Struxness

14015 Highway 40 NW  
Milan, MN 56262-2412  
Phone: 320-734-4877  
E-mail: dbstruxness@fedteldirect.net  
Products: **Beef**  
Certified by: MOSA & Food Alliance Midwest

• **Dry Weather Creek Farm**

Mark & Wendy Lange  
8095 40th St. NW  
Milan, MN 56262-3003  
Phone: 320- 269-9617  
E-mail: dwcreek@fedteldirect.net  
Products: **Goat meat, stone-ground wheat products, flax, cornmeal, & oatmeal. All livestock raised without feed antibiotics.**  
Also services: 80-mile radius around Montevideo; flour products only are available for the Twin Cities area.  
Certified by: MOSA  
Volunteers/Interns? Yes

• **EarthRise Farm**

Kay & Annette Fernholz  
2580 250th St . Apt. A  
Madison, MN 56256  
Phone: 320-752-4700  
Products: **CSA produce operation; surplus produce may be purchased. We also produce and market Omega 3 eggs along with vegetables & fruits at our farm; chickens are free-range.**  
Also services: Madison Farmers' Market & part of the Pride of the Prairie Market Basket

• **Honey & Herbs**

Marcia Neely  
155 60th St. NW  
Benson, MN 56215-1050  
Phone: 320-843-3363  
E-mail: marciagarden@yahoo.com  
Products: **Apples, honey, garlic, medicinal & culinary herbs.**

• **Moonstone Organics**

Audrey Arner & Richard Handeen  
9060 40th St. SW  
Montevideo, MN 56265-3136

Phone: 320-269-8971

E-mail: aarner@maxminn.com

Website: [www.prairiefare.com/moonstone/index.html](http://www.prairiefare.com/moonstone/index.html)

Products: **Grass-fed (finished on grass & hay) beef raised without feed antibiotics, PastureLand cheese & butter, honey, "Farmstay" overnight lodging.**

Also services: Saint Paul & western Twin Cities suburbs

Certified by: Food Alliance Midwest

Volunteers/Interns? Yes

### • **Morning Has Broken Farm**

Larry & Carolyn Olson

2931 480th St.

Granite Falls, MN 56241-1601

Phone: 320-564-2571

Website: [www.prairiefare.com/MHBFARM.htm](http://www.prairiefare.com/MHBFARM.htm)

Products: **Grass-fed beef, chicken (seasonal pastured) & lamb all raised without feed antibiotics.**

Also services: Western Minnesota & Twin Cities

### • **Murphy's Organic Farm**

Craig & Joanie Murphy

51487 320th St.

Morris, MN 56267-4313

Phone: 320-392-5176

E-mail: [cjemurph@fedteldirect.net](mailto:cjemurph@fedteldirect.net)

Website: [www.prairiefare.com/murphyhp.htm](http://www.prairiefare.com/murphyhp.htm)

Products: **Beef-raised without feed antibiotics, golden flax**

Certified by: O.C.I.A. International

Also services: All of Minnesota

### • **Pastures A' Plenty**

Jim & Lee Ann VanDerPol

4075 110th Ave. NE

Josh & Cindy VanDerPol

4077 110th Ave., NE

Kerkhoven, MN 56252-9650

Phone: 320-367-2061

E-mail: [vanderpol@prairiefare.com/pastureshp.htm](mailto:vanderpol@prairiefare.com/pastureshp.htm)

Website: [www.prairiefare.com](http://www.prairiefare.com)

Products: **Grass-fed pork, chicken, eggs & beef; all raised without feed antibiotics**

Certified by: Food Alliance Midwest

Also services: Western Minnesota, Twin Cities food co-ops, Duluth Food Co-op; monthly frozen meat delivery

- **Prairies Past**

Allen & Lisa Smith

406 U.S. Hwy. 75

Pipestone, MN 56164

Phone: 507-825-3845

Products: **Vegetables, melons, herbs, dried flowers & grass-fed pork raised without antibiotics.**

Also services: Pipestone Farmers' Market

- **Prairie Pride Farm of MN**

Roger & Dawn Hubmer

59597 185th St.

Mankato, MN 56001-8472

Phone: 507-245-3117

E-mail: rdhubmer@prairiepridefarm.com

Website: www.prairiepridefarm.com

Products: **Berkshire pork, grass-based Omega 3 chicken & cornish game hens, all without feed antibiotics & animal by-products. BBQ catering service.**

Also services: Saint Paul Farmers' Market, Burnsville, Lakeville, Mankato, Apple Valley, St. Peter Farmers' Market

- **Prairie Wind Farms**

Gerard & Mary Radermacher

1219 340th St.

Bellingham, MN 56212-2051

Phone: 320-568-2310

Products: **Beef, lamb, ducks, chickens, ground beef & organic wool**

- **Red Tail Valley Beef**

Terry VanDerPol

235 7th Ave.

Granite Falls, MN 56241-1423

Phone: 320-564-1877

E-mail: redtailvalleybeef@yahoo.com

Products: **Grass-fed beef raised without feed antibiotics.**

Also services: Minneapolis

- **Ron's Veggies**

Ron Hanson

86750 150th St.  
Sacred Heart, MN 56285-1252  
Phone: 320-765-2379  
Products: **Vegetables (especially onions & potatoes) & cactus plants**

### **—*Western WI*—**

#### **• Valley View Ranch**

Ann Gawtry & Jim Brunner  
South 52 County Road AA  
Durand, WI 54736  
Phone: 715-672-4656

E-mail: [jimmyblink@nelson-tel.net](mailto:jimmyblink@nelson-tel.net)

Website: [www.anasbakery.com](http://www.anasbakery.com)

Products: **Community Supported Agriculture (CSA) produce operation; brown eggs, Russian baked goods**

Also services: Twin Cities & Eau Claire, Wis., Farmers' Market

### **—*Missouri*—**

#### **• Sunny Lane Farm**

Greg & Nancy Rasmussen  
200 W. Highway 160  
Lockwood, MO 65682  
Phone: 417-637-2991

E-mail: [gnras@yahoo.com](mailto:gnras@yahoo.com)

Products: **Grass-fed beef & chickens raised without antibiotics or growth hormones**

### **—*Northeast Iowa*—**

#### **• Grass Run Farm**

Ryan & Kristine Jepsen  
236 Bear Creek Drive  
Dorchester, IA 52140  
Phone: 563-546-7954

E-mail: [eatmeat@grassrunfarm.com](mailto:eatmeat@grassrunfarm.com)

Website: [www.grassrunfarm.com](http://www.grassrunfarm.com)

Products: **Grass-finished beef, pastured veal & pastured pork available by the cut or in quantity; specialty items including Italian sausage and nitrite-free bacon; land & animals managed without chemicals; working toward organic certification**

Also services: Farmers market in Decorah, Iowa; we ship nationally and may deliver to Rochester, Twin Cities & Iowa City

## ***—Southeast SD—***

### **• Johnson Farms**

Charles & Bette Johnson

45169 243rd St.

Madison, SD 57042-7101

Phone: 605-256-6784

E-mail: c-bjohnson@svtv.com

Products: **Beef, pork, eggs raised without feed antibiotics**

Certified by: FBO-ICS

## ***—Twin Cities Metro Area—***

### **• Ames Farm**

Brian Fredericksen

11325 County Road 20

Watertown, MN 55388

Phone: 952-955-3348

E-mail: info@amesfarm.com

Website: amesfarm.com

Products: **Raw varietal honey & bee pollen, 20 varieties of apples & pears.**

Also services: Fruit & raw honey sold at Minneapolis Farmers' Markets on Lyndale Ave. & Nicollet Mall. Raw honey & bee pollen sold at Twin Cities natural food co-ops and Kowalski's Markets

### **• Anderson Farm**

Randy & Lynn Anderson

N6501 Manore Lane

Arkansas, WI 54721-8603

Phone: 715-285-5226

E-mail: andersonfarm@nelson-tel.net

Website: www.andersonfarm.us

Products: **Organic grass-fed beef, chickens, pork; all raised without feed antibiotics; certified organic feed**

Also services: Western Wisconsin

### **• Axdahl Farms**

Brian & Leslie Axdahl

17120 116th St. N.

Stillwater, MN 55082-8911

Phone: 651-439-3134

E-mail: info@axdahlfarms.com

Website: www.axdahlfarms.com

Products: **Sweet corn, green beans, tomatoes, cucumbers, zucchini, peppers, pumpkins, squash, bedding plants & hanging baskets**

Certified by: Food Alliance Midwest

Volunteers/Interns? Yes

• **Badger Ridge Garden**

Ruth Viste

N2041 430th St.

Maiden Rock, WI 54750-8221

E-mail: rviste@redwing.net

Products: **Community Supported Agriculture (CSA) produce operation**

• **BC Gardens**

Kathy Botten & Ruth Capp

20355 408th Ave.

Belgrade, MN 56312-9584

Phone: 320-254-8820

E-mail: bcgardens@willmar.com

Products: **Community Supported Agriculture (CSA) produce operation**

Certified by: Global Organic Alliance

Also services: Home delivery to Twin Cities, Willmar & Saint Cloud

Volunteers/Interns? Yes

• **Big Woods Farm**

David & Laurie Hougen-Eitzman

10752 Nerstrand Blvd.

Nerstrand, MN 55053-2715

Phone: 507-334-3335

E-mail: bigwoodsfarm@ll.net

Products: **Community Supported Agriculture (CSA) produce operation**

Also services: South Minneapolis & Rice County

Volunteers/Interns? Yes

• **Blue Roof Organics**

Sean & Annie Albiston

14611 Manning Trail N.

Stillwater, MN 55082

Phone: 651-430-1307

E-mail: sean@bluerooforganics.com

Website: www.bluerooforganics.com

Products: **Garlic, heirloom tomatoes, dry beans, herbs and seasonal produce, eggs and chickens raised without feed antibiotics**

Certified by: NOP through OCIA, Naturally Grown  
Volunteers/Interns? Yes

• **Braucher's Sunshine Harvest Farm**

Mike Braucher  
2230 35<sup>th</sup> Street West  
Webster, MN 55088  
Phone: 952-652-1911  
E-mail: [sunshineharvestfarm@hotmail.com](mailto:sunshineharvestfarm@hotmail.com)

Products: **Grass-fed beef & lamb; pasture-raised chicken & eggs; no feed antibiotics used**

• **Cedar Summit Farm**

Dave & Florence Minar  
25816 Drexel Ave.  
New Prague, MN 56071-8834  
Phone: 952-758-6886  
E-mail: [daveandflo@cedarsummit.com](mailto:daveandflo@cedarsummit.com)  
Website: [www.cedarsummit.com](http://www.cedarsummit.com)

Products: **Pork, grass-fed beef, milk, chocolate milk, ice cream, & cream. All livestock are raised without feed antibiotics.**

Certified by: Food Alliance Midwest & MOSA  
Volunteers/Interns? Yes

• **Common Harvest Farm**

Dan Guenthner & Margaret Pennings  
212 280th St.  
Osceola, WI 54020-4113  
Phone: 715-294-2831

Products: **Community Supported Agriculture (CSA) produce operation**  
Volunteers/Interns? Yes

• **Community Homestead**

Christine Elmquist  
501 280th St.  
Osceola, WI 54020  
Phone: 715-294-3038  
E-mail: [garden@communityhomestead.org](mailto:garden@communityhomestead.org)

Website: [communityhomestead.org](http://communityhomestead.org)  
Products: **Bread, meat, supplements, Community Supported Agriculture (CSA) produce operation**  
Certified by: MOSA



Volunteers/Interns? Yes

• **Edgewood Farm**

Carl Schwermann

40511 581st Ave.

New Ulm, MN 56073

Phone: 507-359-4567

Products: **Beef & pork naturally raised without feed antibiotics or growth hormones**

• **Footjoy Farm**

Chad Forsberg

5512 Canine Road

Sparta, MN 54656

Phone: 608-272-3821

E-mail: footjoyfarm@yahoo.com

Products: **Community Supported Agriculture (CSA) produce operation, grass-fed dairy goats, poultry & eggs. All livestock are raised without feed antibiotics.**

Also services: North Minneapolis

Volunteers/Interns? Yes

• **Foxtail Farm**

Paul & Chris Burkhouse

124 280th St.

Osceola, WI 54020-4111

Phone: 651-257-9162

E-mail: foxtailcsa@yahoo.com

Products: **Community Supported Agriculture (CSA) produce operation**

• **Fresh Earth Farms**

Chris & Susan James

6455 Oakgreen Ave. S.

Hastings, MN 55033

Phone: 651-436-2778

E-mail: freshearthfarms@earthlink.net

Website: www.freshearthfarms.com

Products: **Community Supported Agriculture (CSA) produce operation**

Volunteers/Interns? Yes

• **Gale Woods Farm**

Tim Reese

7210 County Road 110 West

Minnetrista, MN 55364

Phone: 763-694-2001

E-mail: rconser@threerivers

parkdistrict.org

Website: www.galewoodsfarm.org

Products: **Vegetables, beef, lamb, chicken, turkey, honey, apples. Grass-based production methods used for beef and lamb. No feed antibiotics for beef, lamb, chicken & turkey.**

Also services: West Metro

• **Garden Farme**

Jen Adams & Bruce Bacon

7363 175th Ave. NW

Ramsey, MN 55303

Phone: 612-250-3929

E-mail: adam0054@umn.edu

Products: **Community Supported Agriculture (CSA) produce operation, potted tree nursery & native shrubs**

Volunteers/Interns? Yes

• **Gilbertson Farms**

Gary & Annette Gilbertson

12791 Oakhill Rd. N.

Scandia, MN 55073-9420

Phone: 651-433-2227

E-mail: gilbertsongilbey@aol.com

Website: www.gilbertsonfarms.com

Products: **Sweet corn, tomatoes, squash, pumpkins, preserves, pickles, hanging baskets, bedding & potted plants; corn maze in the fall**

Certified by: Food Alliance Midwest

• **Harmony Valley Farm**

Richard DeWilde & Annake Witkop

S3442 Wire Hollow Rd.

Viroqua, WI 54665-8078

Phone: 608-483-2143

E-mail: harmony@mwt.net

Website: www.harmonyvalleyfarm.com

Products: **Certified organic Community Supported Agriculture (CSA) produce operation; certified organic grass-fed Angus beef raised without feed antibiotics**

Certified by: MOSA

Also services: Community Supported Agriculture (CSA) produce operation in Madison, Twin Cities, Viroqua & LaCrosse; retail and wholesale to Madison, Twin Cities & Chicago

Volunteers/Interns? Yes

• **Hoch Orchard and Gardens**

Harry Hoch

RR-2, Box 114

La Crescent, MN 55947-9530

Phone: 507- 643-6329

E-mail: hoch1@acegroup.cc

Website: www.hochorchard.com

Products: **Berries, plums, apricots, apples & cider**

Certified by: Food Alliance Midwest

Volunteers/Interns? Yes

• **Hog's Back Farm**

David & Melinda Van Eeckhout

680 Hyacinth Ave. E.

Saint Paul, MN 55106-1911

Phone: 612-756-0690

E-mail: david@hogsbackfarm.com

Website: www.hogsbackfarm.com

Products: **Community Supported Agriculture (CSA) produce operation**

• **Igl Farms**

Brian & Tom Igl

W9689 Cherry Rd.

Antigo, WI 54409-8734

Phone: 715-627-7888

E-mail: bigl@g2a.net

Products: **Potatoes, oats, yellow field peas, grass-fed beef without feed antibiotics**

Also services: Wisconsin, northern Illinois & eastern Minnesota

Certified by: O-MOSA

Volunteers/Interns? Yes

• **In The Valley Community Farm**

Kurt Rentschler & Dean Stynsberg

1615 Manning Ave. S.

Afton, MN 55001-9692

Phone: 651-436-4795

E-mail: mail@itvfarm.com

Website: www.itvfarm.com

Products: **Organic turkeys & eggs without feed antibiotics**

Certified by: FBO-ICS

• **Krauel Angus Ranch**

Tom Krauel

25715 55th Ave.

Ogilvie, MN 56358

Phone: 320-272-6533

E-mail: tkrauel@krauel.net

Products: **Natural Angus beef raised without feed antibiotics**

Also services: Central Minnesota

• **La Finca**

Charlie & Tzeitel Kersey

PO Box 93

Bruno, MN 55712

E-mail: lafinca@earthlink.net

Products: **Community Supported Agriculture (CSA) produce operation**

Volunteers/Interns? Yes

• **Loon Organics**

Laura & Adam Frerichs

8199 257th St. W.

Farmington, MN 55024

Phone: 952-985-5446

E-mail: loonorganics@hotmail.com

Website: loonorganics.com

Products: **Community Supported Agriculture (CSA) produce operation**

• **May Farm CSA**

Josh Bryceson

14220 Ostlund Trail North

Marine on St. Croix - May, MN 55047

Phone: 651-433-3676

E-mail: jbryceson@mnfood  
association.org

Website: www.mnfoodassociation.org

Products: **Community Supported Agriculture (CSA) produce operation**

• **Natura Farms**

Paul Otten

19060 Manning Trail N.

Marine on Saint Croix, MN 55047

Phone: 651-433-5850

E-mail: pmo@chof.net

Website: [www.foodalliance.org/certification/producers/profiles/mw/natura\\_farm.pdf](http://www.foodalliance.org/certification/producers/profiles/mw/natura_farm.pdf)

Products: **Blueberries, strawberries, raspberries, currants, gooseberries, grapes, apples, melons, vegetables & herbs**

Certified by: Food Alliance Midwest

Also services: Limited wholesale accounts; on-farm marketing

Volunteers/Interns? Yes

• **Nitty Gritty Dirt Farm**

Robin Raudabaugh & Gigi Nauer

10386 Sunrise Road, PO Box 235

Harris, MN 55032-0102

Phone: 651-216-9012

E-mail: nittygrittyfarm@aol.com

Products: **Community Supported Agriculture (CSA) produce operation**

• **Pahl Farms, Inc.**

Gary Pahl

6885 160th St. W.

Apple Valley, MN 55124-6651

Phone: 952-431-4345

E-mail: gary@pahls.com

Website: [www.pahls.com](http://www.pahls.com)

Products: **Sweet corn, green beans, pumpkins, winter squash, cabbage & cucumbers**

Also services: Upper Midwest

Certified by: Food Alliance Midwest

Volunteers/Interns? Yes

• **Philadelphia Community Farm**

Christina Beck

PO Box 668

Osceola, WI 54020-0668

Phone: 715-294-3136

E-mail: pcomfarm@centurytel.net

Products: **Community Supported Agriculture (CSA) produce operation: six week spring share, 22 week regular share; retreat house, grass-fed lamb raised without feed antibiotics; wool, pork, firewood, maple syrup, turkey, chicken, eggs & beef**

Volunteers/Interns? Yes

• **Pine Tree Apple Orchard**

Bill & John Jacobson  
450 Apple Orchard Rd.  
White Bear Lake, MN 55110-1212  
Phone: 651-429-7202  
E-mail: bill@pinetreeappleorchard.com  
Website: www.pinetreeappleorchard.com  
Products: **Apples, strawberries**  
Certified by: Food Alliance Midwest

• **Rare by Nature**

Brian & Kari Vassar  
53686 County Road 1  
Winthrop, MN 55396  
Phone: 507-647-3586  
E-mail: info@rarebynature.com  
Website: www.rarebynature.com  
Products: **Community Supported Agriculture (CSA) produce operation, specialty/gourmet vegetables & herbs, garden design & installation services; grass-fed Icelandic sheep & free range chickens & eggs, all raised without feed antibiotics**  
Also services: Primarily local area (Sibley and Brown counties), also southwest Twin Cities suburbs & Saint Paul

• **Riverbend Farm**

Greg & Mary Reynolds  
5405 Calder Ave. SE  
Delano, MN 55328-8014  
Phone: 763-972-3295  
E-mail: riverbend@usinternet.com  
Products: **Wholesale vegetables**  
Certified by: O-MOSA  
Volunteers/Interns? Yes

• **Shepherds Hill Farm/PastureDirect**

Cindy & Steve Calvin  
10970 Cody Lake Trail  
Montgomery, MN 56069-1984  
Phone: 612-729-2553  
E-mail: info@pasturedirect.com  
Website: www.pasturedirect.com  
Products: **Beef raised without feed antibiotics**

• **Simple Harvest Farm**

Kathy, Theresa & Nick Zeman

9800 E. 155th St.

Nerstrand, MN 55053

Phone: 507-330-2151 (cell)

E-mail: zeman@myclearwave.net

Products: **Community Supported Agriculture (CSA) produce & herb operation; eggs, broilers, beef, pork, lamb, meat goats, dairy goats, meat rabbits, ducks, Icelandic wool & yarn, goat milk soap and a farm retreat. All animals grass-fed & raised without feed antibiotics.**

Volunteers/Interns? Yes

• **Spring Hill Community Farm**

Michael Racette & Patty Wright

545 1 1/2 Ave.

Prairie Farm, WI 54762

Phone: 715-455-1319

E-mail: springhill@chibardun.net

Website: [www.springhillcommunityfarm.com](http://www.springhillcommunityfarm.com)

Products: **Community Supported Agriculture (CSA) produce operation**

Also services: Prairie Farm, Wis., area

• **Valley Creek Community Farm**

Gene & Rose Ann Steenhoek

15150 Giefer Ave.

Northfield, MN 55057-4606

Phone: 507-645-6414

E-mail: genesteenhoe@hotmail.com

Products: **Community Supported Agriculture (CSA) produce operation**

• **Webster Farm Organics**

Nett & Tamarack Hart

PO Box 53

Foreston, MN 56330-0053

Phone: 320-983-2289

Products: **Salad Days—CSA produce & herb operation**

Certified by: O-FVO; IFOAM

Also services: Saint Cloud, Minn.

• **Whistling Well Farm**

Carol & Charlie Johnson

8973 St. Croix Trail S.

Hastings, MN 55033  
Phone: 651-998-0301  
E-mail: charlie@whistlingwellfarm.com  
Website: www.whistlingwellfarm.com  
Products: **Apples**  
Certified by: Food Alliance Midwest  
Volunteers/Interns? Yes

• **Zweber Farm**

Jon & Lisa Zweber  
25420 Natchez Ave.  
Elko, MN 55020-9562  
Phone: 952-461-3428  
E-mail: zweber@integra.net  
Products: **Beef, chickens, pork (all raised without feed antibiotics) & pumpkins**  
Also services: On farm pick-up  
Volunteers/Interns? Yes

## **RETAILERS**

### ***—Southeast MN—***

• **Blue Heron Coffeehouse**

Larry Wolner  
162 W. 2nd St.  
Winona, MN 55987-3109  
Phone: 507-452-7020  
E-mail: bluheron@hbc.com  
Website: www.blueheroncoffeehouse.com  
Products: **Soup, salad, sandwiches, pastries made from scratch using fresh, organically grown local ingredients whenever possible; breakfast**

• **Bluff Country Co-op**

121 W. 2nd St.  
Winona, MN 55987-3446  
Phone: 507-452-1815  
E-mail: bccoop@chatermi.net  
Website: www.bluff.coop  
Products: **Natural foods co-op**

### ***—Southwest MN—***



- **Culinary Seasons**

Karen & Nancy  
252 60th Ave. NE  
Willmar, MN 56201  
Phone: 320-214-1331  
Products: **Caterer using local foods**

- **Java River**

Cathy  
210 S 1st St.  
Montevideo, MN 56265-1413  
Phone: 320-269-9042  
E-mail: javariver@info-link.net  
Website: www.javarivercafe.com  
Products: **Coffee & sandwich shop**

- **Meat Center of Appleton**

David & Alyce Fust  
Hwy 7 / 250 W. Snelling  
Appleton, MN 56208  
E-mail: ainw@maxminn.com  
Products: **Deli, meat center & caterer featuring food from local farmers**  
Also services: Within 150 miles of Appleton.  
Volunteers/Interns? Yes

**—Twin Cities Metro Area—**

- **Auriga**

1930 Hennepin Ave. S.  
Minneapolis, MN 55403  
Phone: 612-871-077  
E-mail: melinda@scatterbright.com  
Website: www.aurigarestaurant.com  
Products: **Restaurant that promotes locally produced food**

- **Birchwood Cafe**

Tracy Singleton  
3311 E. 25th St.  
Minneapolis, MN 55406  
Phone: 612-722-4474  
E-mail: info@birchwoodcafe.com  
Website: www.birchwoodcafe.com

Products: **Restaurant that promotes locally produced food**

• **Black Dog Coffee & Wine Bar**

Stacy & Sara

308 Prince St., Suite 100

Saint Paul, MN 55101

Phone: 651-228-9274

E-mail: blackdogcafe2@comcast.net

Website: www.blackdogstpaul.com

Products: **Restaurant that promotes organic, locally produced & fair-trade food**

• **Cafe Brenda**

Brenda Langton

300 1st Ave. North

Minneapolis, MN 55401-1600

Phone: 612-342-9230

E-mail: www.cafebrenda.com

Products: **Restaurant that promotes locally & sustainably-produced food**

• **Clancey's Meats & Fish**

4307 Upton Ave. S.

Minneapolis, MN 55416

Phone: 612-926-0222

E-mail: clanceymeats@aol.com

Products: **Butcher shop specializing in fresh, local meats**

• **French Meadow Bakery & Cafe**

Lynn Gordon

2610 Lyndale Avenue South

Minneapolis, MN 55408

Phone: 612-870-7855

E-mail: cafe@frenchmeadow.com

Website: www.organicbread.com

Products: **Certified organic breads, bagels, rolls, tortillas; cafe features vegetarian and vegan options for breakfast, lunch & dinner, as well as vegan sweets**

• **Heartland**

Lenny Russo

1806 St. Clair Ave.

Saint Paul, MN 55105

Phone: 651-699-3536

E-mail: heartland5@qwest.net

Website: www.heartlandrestaurant.com

Products: **Restaurant that promotes locally produced food**

• **Linden Hills Co-op**

Jean Lakso

2813 W. 43rd St.

Minneapolis, MN 55410-1537

E-mail: info@lindenhillscoop.com

Website: www.lindenhills.coop

Products: **Natural foods co-op**

• **Lucia's Restaurant**

Lucia Watson

1432 W. 31st St.

Minneapolis, MN 55408-2605

Website: www.lucias.com

Products: **Restaurant that promotes locally produced food**

• **May Day Cafe**

Andy Luning

3440 Bloomington Ave. S.

Minneapolis, MN 55407

Phone: 612-729-5627

Products: **Restaurant that promotes locally produced food**

• **Restaurant Alma**

Alex Roberts

528 University Ave. SE

Minneapolis, MN 55414-1716

Phone: 612-379-4909

E-mail: info@restaurantalma.com

Website: www.restaurantalma.com

Products: **Restaurant that promotes organic & locally produced food**

• **Sapor Café & Bar**

Tanya Siebenaler

428 Washington Ave. N.

Minneapolis, MN 55401-1317

Phone: 612-375-1971

E-mail: [julie@saporcafe.com](mailto:julie@saporcafe.com)

Website: [www.saporcafe.com](http://www.saporcafe.com)

Products: **Restaurant that promotes locally produced food**

• **Signature Café**

130 Warwick St. SE

Minneapolis, MN

Phone: 612-378-0237

Products: **Restaurant that promotes locally produced food**

• **St. Martin's Table**

2001 Riverside Ave. S.

Minneapolis, MN 55454

Phone: 612-339-3920

Website: [www.communityofstmartin.org](http://www.communityofstmartin.org)

Products: **Dining room service-volunteers donate their tips to groups working to alleviate hunger, improve food production & distribution systems, & more**

Volunteers/Interns? Yes

• **Tanpopo Noodle Shop**

Koshiki & Ben

308 Prince St., Suite 140

Saint Paul, MN 55101

Phone: 651-209-6527

E-mail: [info@tanpoporestaurant.com](mailto:info@tanpoporestaurant.com)

Website: [www.tanpoporestaurant.com](http://www.tanpoporestaurant.com)

Products: **Restaurant that promotes locally produced food**

• **Trotter's Cafe and Bakery**

Pat & Dick Trotter

232 N. Cleveland Ave.

Saint Paul, MN 55104

Phone: 651-645-8950

E-mail: [trottersfour@usfamily.net](mailto:trottersfour@usfamily.net)

Website: [www.trotters-stpaul.com](http://www.trotters-stpaul.com)

Products: **Restaurant that promotes locally produced food**

• **Wedge Co-op**

Customer Service Desk

2105 Lyndale Ave. S.  
Minneapolis, MN 55405-3027  
E-mail: [wedge@wedge.coop](mailto:wedge@wedge.coop)  
Website: [www.wedge.coop](http://www.wedge.coop)  
Products: **Natural foods co-op**  
Certified by: O-MOSA; Food Alliance Midwest retail partner

• **Zander Cafe**

Mike Hart  
525 Selby Avenue  
Saint Paul, MN 55102-1728  
Phone: 651-222-5224  
Products: **Restaurant that promotes locally produced food**